



**Michigan
Technological
University**

2016-2018

Biennial Review of

Alcohol & Other

Drug Programs

And Policies

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Executive Summary

The Drug-Free Schools and Campuses Regulations (DFSCR) require institutions of higher education to review their Alcohol and Other Drug (AOD) programs and policies every two years. This report explores the issues that arose out of Michigan Technological University's biennial review of its AOD programs and policies from September 1, 2016, through August 31, 2018.

During the review period, the President's Council on Health, Wellness, and Mindfulness (President's Council) was charged with conducting the biennial review. The committee reviewed the education and prevention programs offered, Campus Clarity results, and the annual distribution of the AOD policy. In April of 2016, the President's Council reviewed the NCAA CHOICES Grant. The Grant is being implemented using the IMPACT Evaluation Resource, and will continue to be used to evaluate the programs during the grant term. The Council also evaluated whether the Office of Academic and Community Conduct handled alcohol and other drug cases consistently.

The President's Council on Health, Wellness and Mindfulness goals for the next review period are as follows:

- Continue to explore ways to use the Peer Health Advocates and other student leaders in developing and delivering AOD and related programming
- Identify gaps in wellness programming and identify areas of improvement within the University with regards to AOD programming
- Enhance the current comprehensive AOD program(s) by taking a more preventative approach to education and awareness, while keeping current on new trends, information and research
- Include Undergraduate Student Government and Graduate Student Government members in the President's Council meetings to get buy-in on AOD goals and programs
- Provide the campus community the tools to create balance in work and life by incorporating a more mindful language into existing programs and throughout the campus culture
- Start the process to becoming a JED Campus (made possible through Blue Cross Blue Shield of MI Foundation-MI College and University Cohort)

Michigan Technological University's Biennial Review of Alcohol and Other Drug Programs and Policies

The Drug-Free Schools and Campuses Regulations require Institutions of Higher Education to review their Alcohol and Other Drug (AOD) programs and policies every two years. This report describes Michigan Tech's biennial review of its AOD programs and policies from September 1, 2016 through August 31, 2018.

The review has three objectives: to determine the effectiveness of the AOD program, to implement any needed changes to the AOD program, and to ensure that the disciplinary sanctions for violating standards of conduct are enforced consistently. The report includes:

Alcohol and Other Drug Policy, Procedure and Programs

1. Michigan Tech's AOD Policy
2. Description of Prevention Programming
3. Tools for Determining Effectiveness of AOD Prevention Programs
4. Outcomes

Achievement of AOD Goals

1. Alcohol Free Options
2. Normative Environment
3. Alcohol Availability
4. Alcohol Marketing and Promotion
5. Policy Development and Enforcement
6. Strengths and Weaknesses of AOD Prevention and Wellness Goals
7. Recommendations/Goals

President's Certification

Copies of this report are available in the President's Office, the Provost's Office, and the Dean of Students Office.

1. Michigan Tech's AOD policy

In April 1998, the Vice Provost and Dean for Student Affairs established a campus Substance Abuse Advisory Committee. Three goals were established for the Committee:

- Conduct the biennial review of Michigan Tech's AOD policy to assure compliance with the provisions of the Drug Free Schools and Communities Act (DFSCA).
- Conduct the Core survey to assess the behaviors and attitudes of Michigan Tech students concerning drug and alcohol use.
- Recommend policies and/or strategies to address any negative effects of drug and alcohol use on the Michigan Tech campus.

In April 2000, the President upgraded the Substance Abuse Advisory Committee to the President's Commission on Substance Abuse Prevention (PCSAP.) The new commission established a mission and goals. In 2008, PCSAP was reorganized into the President's Commission on Wellness. This was intended to emphasize a holistic approach to substance abuse prevention.

In 2015 the name was changed to the President's Council on Health, Wellness, and Mindfulness (President's Council). The President's Council on Health, Wellness and Mindfulness is charged with:

- Providing oversight and coordination for education and events for students that promote and embrace a wellness lifestyle
- Ensuring that a comprehensive prevention program is provided for students that addresses high risk behaviors as a result of alcohol and other drug use
- Submitting and reviewing information on required alcohol and other drug compliance issues
- Provide the campus community the tools to create balance in work and life by incorporating a more mindful language into existing programs and throughout the campus culture

President's Council includes representatives from across campus and the local medical community, and is chaired by the Manager of Student Health and Wellness. A list of the representatives is found in Appendix A.

The Wellness Office and the President's Council maintain comprehensive websites with programming and other information useful to the campus community. See the Student Health and Wellness website (www.mtu.edu/wellness) and The President's Council on Health, Wellness and Mindfulness website (www.mtu.edu/student-affairs/administration/vp/committees/wellness/).

One of the duties of the President's Council is to develop and review Michigan Tech's AOD policy to ensure compliance with the DFSCR. The policy was adopted on August 29, 2014 and revised on March 13, 2018. A copy of the policy, Parent Notification Policy, Board of Trustees Policy and Notification to Students on Alcohol and Other Drugs is found in Appendix B.

Michigan Tech's AOD policy includes the information required under the following minimum criteria:

- Standards of conduct clearly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol on school property or as part of any school activities
- A description of the applicable legal sanctions under local, state or federal law for the unlawful possession or distribution of illicit drugs and alcohol
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
- A description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students
- A clear statement that Michigan Tech will impose sanctions on students and employees for violations of the standards of conduct (consistent with local, state and federal law) and a description of those sanctions, up to and including, expulsion or termination of employment and referral for prosecution

In compliance with federal regulations, the AOD policy is distributed to all students, faculty and staff using the Michigan Tech email system. The policy is also posted on the Academic and Community Conduct website (<http://www.mtu.edu/conduct/>), and on the Student Disclosure page (<http://www.mtu.edu/student-affairs/interests/student-disclosure/>). Semester notifications to students are sent from the Associate Vice President and Dean of Students. Examples of these notifications can be found in Appendix C.

2. Description of Prevention Programming

During this review period a wide range of prevention programs were delivered to students.

Campus Student Health and Wellness. Michigan Tech's alcohol and other drug prevention program is closely tied to overall wellness initiatives. A summary of programs and attendance is found in Appendix D. The following is a snapshot of substance education and prevention related health and wellness programming offered at Michigan Tech during the review period:

- All incoming first year students are required to take the Campus Clarity: *Think About It* Course, where students are educated on substance abuse and other college specific experiences
- Surveyed the student population using the American College Health Association-National College Health Assessment
- Alcohol Poisoning and Frostbite Awareness Campaign held during Winter Carnival (campus tradition)
- Improved social media presence with consistent posts every Friday throughout the school year encouraging students to make safe choices about alcohol
- The Week of Wellness and Health Fair where resources and information from the Michigan Tech and surrounding communities were provided to students, faculty and staff
- The Annual Bigfoot Glow Snowshoe Event (late night hike)
- Encouraged student leaders to hold positions within the President's Council on Health, Wellness and Mindfulness committee; forming the Student Health and Wellness Advisory Committee
- National Prescription Drug Take Back Day, held twice a year during the fall and spring semesters
- Brought Jake White, Creator of Party. 0, to campus who teaches students how to throw successful sober parties
- Welcomed the Arrive Alive Tour to Campus, where a simulator was used to educate students on the dangers of driving under the influence (drugs and alcohol) and texting while driving
- Piloted a student created/student voiced presentation on Substance Abuse (Getting Learnt on Being Turnt)

- Started the process to become a JED Campus with support from the Blue Cross Blue Shield of MI Foundation
- Created and promoted a Health and Well-Being Statement for faculty to use on their syllabus and to create an awareness of resources
- A team of three students went to the StepUP Conference and were trained in how to give bystander intervention training to their peers
- Student Health 101 Facebook page and magazine is distributed to all students monthly via email (<https://www.facebook.com/MichiganTechStudentHealth101>)

Recognizing that students often are more willing to learn about AOD issues from their peers, the Student Health and Wellness Office created positions for a team of (student) Peer Health Advocates, whose duties are to assist the Manager of Student Health and Wellness with all aspects of the Health and Wellness Programming, including the development and delivery Substance prevention and education and events. The Peer Health Advocate position description is found in Appendix E.

Peer Educators are essential to AOD programming. The National Peer Educator Study (NPES) is administered each year to demonstrate effectiveness across differing programs and initiatives. The data from the survey is shared with the administration to show the various ways student educators are essential in education and prevention strategies on a college campus. A summary of the National Peer Education Survey from 2017 can be found in Appendix F.

Student Athletes. The Athletics Department sponsored the following programs during the review period:

- All student-athletes signed the Student-Athlete Code of Conduct annually as part of an education session to discuss drugs, alcohol and other inappropriate and unacceptable behaviors
- NCAA CHOICES Grant initiatives and goals continue to be embedded into Athletics, Greek Life and the registered student organizations; encouraging students to make choices that are Legal, Healthy, Safe and Appropriate about alcohol
- The Student Athlete 101 Course (previously known as the Master Student-Athlete Course) was required for first year student athletes. The course syllabus can be found in Appendix G.
- From Sept 1, 2016- Aug 31, 2018 Michigan Tech drug tested 36 student athletes, all done by Certified Athletic Trainers.

- Among those tested, two were positive for Marijuana Metabolite, and one positive for Amphetamines (this test was on account of prescribed medication), and 33 negative tests.
- The NCAA drug tested 16 student athletes, all were negative.

Undergraduate Orientation. During the review period, all incoming first year students, transfer students and graduate students were required to complete Campus Clarity before coming to campus. Campus Clarity is an innovative, engaging, and informative online course, created by students, for students. In the course, students examine the interconnected issues of hooking up, substance abuse, sexual violence, and healthy relationships through a variety of interactive, realistic scenarios and guided self-reflection. The course promotes a healthier and safer campus environment for everyone. During orientation, students a “Sex and Relationship Program” on sexual assault and related issues and a program on CommUNITY, which outlined the expectations surrounding free speech and freedom of expression at Michigan Tech. Students also had the opportunity to participate in numerous healthy, alcohol-free options through multiple departments during Orientation and Welcome Week. For a full list of Orientation activities, the Orientation Handbooks for 2017 and 2018 can be found in Appendix H.

Housing and Residence Life. Alcohol-free housing is offered in all three of the Michigan Tech residence halls. This option is open to residents that have chosen to live an alcohol-free lifestyle. The use and/or possession of alcohol and/or alcohol related items are not permitted by the residents or their guests. The residence halls (and the rest of campus) are completely smoke/vapor/tobacco free.

3. Tools for Determining Effectiveness of AOD Prevention Programs

A. American College Health Association-National College Health Assessment

The National College Health Assessment (NCHA) has been produced by The American College Health Association (ACHA) since 2000, and to date has more 1.4 million students at 740+institutions that have taken the survey. The NCHA is a nationally administered survey that collects data on a wide range of student health and behaviors, including: alcohol, tobacco, and other drug use, sexual health, weight, nutrition and exercise, mental health, person safety and violence. Michigan Tech first participated in the ACHA-NCHA Survey in the Fall 2016 and plans to repeat the survey again in Fall 2019. The Fall 2016 ACHA-NCHA Executive Summary is found in Appendix I.

B. Campus Clarity Data

Campus Clarity: *Think About It* is an online prevention program administered through the Lawroom Company. The company provides data based on the information supplied by the Michigan Tech students who complete the online education programming. The Campus Clarity Library consists of three modules for the *Think About It* Courses

(undergrads), Graduate Students/Adult Learners Courses, and Sanction Courses (Alcohol, Drugs, Sexual Assault).

Starting in the Fall 2014, Michigan Tech adopted the Campus Clarity program as an alternative to Alcohol Edu. Campus Clarity is an innovative, engaging, and informative online course, created by students, for students. In the course students examine the interconnected issues of hooking up, substance abuse, sexual violence, and healthy relationships through a variety of interactive, realistic scenarios and guided self-reflection. The course promotes a healthier and safer campus environment for everyone.

- In Fall 2016, 1604 first year students completed the Campus Clarity: *Think About It* course.
- In Fall 2017, 1380 first year students completed the Campus Clarity: *Think About It* course.

This information has been used to help tailor and target Michigan Tech's prevention programming efforts. Michigan Tech used this education program during the review period for pre-orientation alcohol and other drug education, as well as for education following a disciplinary sanction. The executive summaries from the Campus Clarity courses are found in Appendix J.

C. Student Conduct Database

The Office of Academic and Community Conduct maintains a database that includes information concerning AOD disciplinary incidents (as well as all other reported disciplinary incidents). The quality of the data is ensured by limiting the number of staff who can enter data to two trained individuals. This data is also used for the Annual Security & Fire Safety Report. Information from the reports is used to evaluate and plan more effective and relevant programming and identify future initiatives.

4. Outcomes

A. Campus Clarity Data

The Campus Clarity data shows that during the review period the trends in students who recognize party smart strategies, apply alcohol intervention strategies, recognize consent and apply sexual assault intervention strategies changed very little over the review period.

Changes between each category from 2016/17-2017/18 data collection period:

- Recognizing Party Smart Strategies increased by .36%
- Applying Alcohol Intervention Strategies increased by .22%
- Recognizing Consent decreased by 1.03%
- Applying Sexual Assault Intervention Strategies decreased by .54%

Drinking and drug related behaviors have stayed consistent during the review period, including:

- How often alcohol is used
- How often drugs are used recreationally
- Blacking out (last 30 days)
- How many drinks had when you drank the most at one occasion (last 30 days)
- How many drinks you typically drink in one evening (last 30 days)
- How many days you drank alcohol in the last month

Throughout each category above, Michigan Tech students used alcohol and drugs less, blacked out fewer times in the last 30 days, and overall consumed fewer drinks per occasion/evening than the national average.

B. American College Health Association-National College Health Assessment Data

Michigan Tech administered the American College Health Assessment-National College Health Assessment (ACHA-NCHA) this review period in October 2016. Table 1 below shows Michigan Tech ACHA-NCHA results 2016, compared to aggregated ACHA-NCHA survey data drawn from more than 1.4 million students in 740+ institutions of higher education.

Table 1 & 2: 2016 ACHA-NCHA Findings on Alcohol Use & AHA NCHA National Data

Michigan Tech Specific Data

Alcohol	Percent (%)	Actual Use			Perceived Use		
		Male	Female	Total	Male	Female	Total
Never used		29.0	24.7	27.2	3.4	2.5	3.0
Used, but not in the last 30 days		13.4	12.9	13.2	1.7	1.7	1.6
Used 1-9 days		41.2	49.7	44.3	45.8	36.3	42.2
Used 10-29 days		14.4	12.3	13.7	37.5	46.8	40.8
Used all 30 days		1.9	0.5	1.6	11.6	12.8	12.4
<i>Any use within the last 30 days</i>		57.5	62.4	59.5	94.9	95.9	95.4

Table 1

National Data

Alcohol	Percent (%)	Actual Use			Perceived Use		
		Male	Female	Total	Male	Female	Total
Never used		23.1	20.4	21.4	5.5	3.8	4.4
Used, but not in the last 30 days		13.3	14.7	14.4	2.0	1.7	1.8
Used 1-9 days		46.4	51.4	49.6	43.3	37.4	39.2
Used 10-29 days		15.8	12.9	13.8	37.6	42.7	41.0
Used all 30 days		1.4	0.6	0.9	11.7	14.5	13.6
<i>Any use within the last 30 days</i>		63.6	64.9	64.2	92.6	94.6	93.8

Table 2

Table 3 & 4 shows Michigan Tech’s ACHA-NCHA data on marijuana usage compared to the national data described above.

Table 3 & 4: 2016 ACHA-NCHA Findings on Marijuana Use & ACHA-NCHA National Data

Michigan Tech Specific Data

Marijuana	Percent (%)	Actual Use			Perceived Use		
		Male	Female	Total	Male	Female	Total
Never used		75.1	72.8	73.8	16.0	8.3	12.9
Used, but not in the last 30 days		14.1	18.3	15.8	13.6	10.0	12.1
Used 1-9 days		8.0	6.5	7.5	53.4	54.1	53.5
Used 10-29 days		1.8	2.2	2.0	12.9	21.3	16.5
Used all 30 days		1.1	0.3	0.9	4.1	6.3	5.0
<i>Any use within the last 30 days</i>		10.9	9.0	10.4	70.4	81.7	75.0

Table 3

National Data

Marijuana	Percent (%)	Actual Use			Perceived Use		
		Male	Female	Total	Male	Female	Total
Never used		60.9	63.6	62.6	11.2	7.6	8.9
Used, but not in the last 30 days		18.4	19.4	19.0	7.5	4.9	5.7
Used 1-9 days		12.6	12.0	12.2	48.4	44.4	45.5
Used 10-29 days		5.0	3.3	3.9	23.2	29.2	27.3
Used all 30 days		3.1	1.8	2.3	9.8	13.9	12.6
<i>Any use within the last 30 days</i>		20.7	17.1	18.4	81.4	87.5	85.5

Table 4

The next ACHA-NCHA survey will be administered again in the Fall 2019, where trends can be evaluated and data can be used for future prevention and education efforts.

C. Consistency of Enforcement of Disciplinary Sanctions

The Drug Free School Act requires schools to report how consistently they enforce their student AOD policy. Michigan Tech’s Code of Student Conduct permits Michigan Tech staff to confront both on- and off- campus incidents.

During the review period, Public Safety and Police Services responded to 50 on-campus alcohol or drug incidents.

During the review period all incidents were handled by the Office of Academic and Community Conduct. Sanctioning protocols for AOD cases have been established to help promote consistency in how hearing officers/conduct boards sanction students found responsible for policy violations. The sanctioning protocols and process are found in Appendix K.

The table below indicates whether a hearing officer or conduct board imposed the minimum sanction of:

- Written warning for students over 21 in violation of open container and alcohol permit rules in the residence halls (if not under the influence)
- Conduct probation for at least six months, the recommended sanction for most first-offense alcohol violations and first-offense marijuana possession violations
- Conduct probation for at least 6 months for possession of illegal drugs
- Additional conduct probation for a cumulative maximum of 18 months along with a required alcohol assessment and a reflection paper for second alcohol offenses.
- Suspension for alcohol or drug offenses which are chronic or particularly detrimental to the health or safety of the respondent or the University community, including selling illegal drugs.

Table 5: Total Reported AOD Incidents September 1, 2016 – August 31, 2018

Type of Incident Reported	Number of Incident Reports	Sanctioning Guidelines Followed
Drugs	55	All Cases
Alcohol	293	All Cases

Source: Student Conduct Database

The “number of reported incidents” includes situations where students were found “not responsible.” Students found responsible for first offense alcohol violations were assigned Campus Clarity Alcohol for Sanctions Course. Students responsible for first offense marijuana violations were assigned Campus Clarity Drugs for Sanctions Course. Both are online education programs. Second and more serious offenses are referred to Counseling Services, and in some cases to outpatient treatment programs.

The high rate of compliance with sanctioning procedures is attributable to the fact that hearing officers and conduct boards use form letter templates for their decision letters and also refer to the AOD sanctioning protocols. The templates include the sanction information, so mistakes are less likely to occur.

Achievement of AOD Goals in the Five Areas of Environmental Interventions

There are several success stories related to the University's approach to AOD policies and programs, as well as challenges to be addressed. We highlight the following examples.¹

1. Alcohol Free Options

Major socializing by college-age students takes place late at night. If the university does not offer social programming on-campus to suit students' preferred schedules, students will find their entertainment off campus, which can lead to substance abuse.

The use of the American College Health Association-National College Health Assessment and Campus Clarity data have helped identify the areas in which our students need the most support (i.e. alcohol alternative events, or late night activities between the hours of 10pm and 2am). During this review period and going forward, Student Activities sponsored late night activities that were drug and alcohol free. (Found at <http://www.mtu.edu/student-activities/traditions/late-night/>.)

There are also many attractive alcohol-free settings on campus for students to congregate and socialize. The Wadsworth Hall (Wads) Annex is available 24 hours per day for Wads residents and their guests. This includes a game room, sauna, and weight room. The Campus Café in Wads Annex is open every day until 1:00 a.m. during the term. The upper and lower lodge levels in the Hillside Place apartment building provide residents with comfortable spaces to meet with friends, each with a gas burning fire place. The upper level provides a community kitchen and a large seating area. The lower level is equipped with a pool table and foosball table. Residents may access the outdoor patio area, complete with a wood burning fireplace, from the lower lodge level.

The University Van Pelt and Opie Library is open 24 hours. Non-alcoholic beverages and snacks are permitted, so students have another attractive venue to study and congregate.

Michigan Tech's Outdoor Adventure Program (OAP) is another alcohol-free option. The purpose of the OAP is to encourage Michigan Tech students to engage in outdoor, active and healthy activities. Michigan Tech students have the opportunity to experience a plethora of outdoor recreation activities on campus, including the Tech Trails (Cross Country trail system) and Mont Ripley Ski Hill. The OAP connects students to the outdoors through guided trips, leadership training, information sessions, and equipment rental and by working closely with student organizations to help advertise and run events. <http://www.oap.mtu.edu>

¹ The Higher Education Center's Supplemental Checklist was used as an outline for this section.

Finally, many of the “Tech Traditions” on campus are alcohol free or promote alcohol-free events. Welcome Week, K-Day (Student Organization Fair), Cardboard Boat Races are examples of large scale events with social activities, food and alcohol-free entertainment.

As these activities continue, students will always have alternatives to excessive drinking and they can find healthy and fun ways in which to meet and interact with others academically and socially.

2. Normative Environment

Michigan Tech continues to maintain a social, academic and residential environment that supports health conscious campus.

A normative initiative implemented across campus is the Michigan Tech Values Statement, found at <http://www.mtu.edu/student-affairs/administration/values/>. The Values Statement was a student-driven project designed to inspire the student community in all aspects of a student's life at Michigan Tech through the values of community, scholarship, possibilities, accountability, and tenacity. The Values Statement is reinforced through inspiring posters found in prominent positions throughout the Michigan Tech campus. Academic and Community Conduct staff utilize the Values Statement for educational discussions during student conduct hearings and restorative justice conferences involving alcohol and other drug violations. During orientation, first year students meet in teams with peer Orientation Team Leaders to discuss how to live by the Michigan Tech Values Statement.

Since substance usage is a personal decision, the Values Statement is intended to provide a reference point for students in their decision making about consuming alcohol and other drugs. Here is an example of how students can use the Values Statement in decision making: During the Winter Carnival 2017 Celebration (February) the Goaltender for the Michigan Tech Huskies Division 1 Men's Ice Hockey Team appeared in a video that was viewed throughout the entire campus and community. In the video the Goaltender talked about looking out for one another, dressing warm, staying hydrated (with water), keeping your hands to yourself and being responsible. The tagline, and ending statement of the video, was “Don't be Dumb, You're a Husky after all.”

During the review period 2016-18, Michigan Tech received an NCAA CHOICES grant (April 2016) and continues to educate the campus and community on CHOICES that are legal, healthy, safe, and appropriate regarding drinking. This grant is made available through Anheuser-Busch and the National Collegiate Athletic Association (NCAA) and is a three year grant for \$30,000.00 total. The grant proposal focuses on the student-athlete population and the rest of the student population, and the surrounding community.

The proposal was created with student input and included student-driven initiatives that will encourage Michigan Tech students to make better choices and become better role models. The goal of the grant is to educate and promote acceptable and safe behaviors to the student body and the rest of our community, so that that legal, healthy, appropriate, and safe choices become the socially accepted norm. The hashtag that will be used for this campaign is #MTUstepsUP. The hashtag was created by students and represents the university (MTU) and that we are stepping up to create change at our school and in our community. The “UP” also represents the Upper Peninsula of Michigan which is where Michigan Technological University is located.

The Student Athletic Advisory Council (SAAC) at Michigan Tech is an instrumental group within this grant, as the student voice and influence throughout the three year grant period. SAAC is made up of two athletes from each of the 14 represented teams at Michigan Tech, who are appointment by coaches and other leaders on each team. The President’s Council on Health, Wellness, and Mindfulness (PCHWM) will be also be utilized to make sure that messages and events from the campaign are carried through to the staff and faculty, promoting consistent events and education. Information on the NCAA CHOICES grant can be found in Appendix L.

As noted in the above sections, the Campus Clarity data indicates that Michigan Tech students get consistent education on recognizing party smart strategies, applying alcohol intervention strategies, recognizing consent, and applying sexual assault intervention strategies. For example, Student Activities undertakes a comprehensive education program through Greek Life to help foster an accountable community. During the review period this education program included the following:

- Student Health and Wellness conducted presentations on recognizing party smart strategies and the risk associated with Alcohol and Other Drugs to multiple Greek houses that were mandatory for members
- Each semester the Interfraternity Council hosts a presentation/roundtable for risk management chairs, social chairs, new member educators and presidents on hazing, alcohol and other drug use, bystander intervention, safe and healthy event planning and event promotion
- In the Fall 2016, Sex Signals, a program on sexual assault prevention was brought to Michigan Tech where representatives from Greek Life were strongly encouraged to attend
- Each semesters a new member orientation is held, and includes education on Alcohol and Other Drugs

Using the updated vision from the summer 2016 strategic planning process, Student Health and Wellness strives for delivery of effective, relevant and timely wellness education to students with the goal of creating a prevention conscious culture on campus. Student Health and Wellness at Michigan Tech focus on the areas of Alcohol

& Other Drugs, Mental Health, Sexual Health and General Wellness. By focusing on these four main topics areas, Student Health and Wellness is able to provide a broad range of relevant and accurate information to the Michigan Tech community. An overview of attendance to programs that fall under these four categories can be found in Appendix D.

3. Alcohol Availability

Michigan Tech's AOD policy prohibits consumption of alcohol in public places and limits the size of beverage containers. Kegs are not permitted on campus (without a valid liquor license) and are not permitted at off-campus parties hosted by registered student organizations. Alcohol is not permitted at student organization recruitment functions.

Michigan Tech continues its efforts to promote a safe and healthy environment during university traditions. The most high-profile tradition is the annual Winter Carnival. Historically, consumption of alcohol was a big part of Carnival for some students and visitors. In 2013 (to present) the Winter Carnival Safety Task Force was created and brought together representatives from the following areas. A primary goal of this group was to discuss ways to prevent alcohol abuse during Winter Carnival and make sure all students and others had a safe and enjoyable experience.

- Student Activities
- Blue Key National Honor Society
- Public Safety and Police Services
- Housing & Residential Life
- Office of Academic and Community Conduct
- Dial Help
- Memorial Union Building Staff
- Undergraduate Student Government
- Student Health and Wellness
- MUB Board
- Michigan Tech Emergency Medical Services
- Dean of Students office
- Sound and Lightening (Student Organization)
- The office of Risk Management
- Facilities Management

Public Safety and Police Services increased their staffing for the evening, also partnering with local law enforcement agencies such as the City of Houghton Police, Houghton County Sheriff's Department, and Michigan Department of Corrections-Baraga Correctional Facility (AMF). Officers were spread throughout campus, and also were patrolling the busier areas near campus, such as College Avenue and central campus. Any students found with open alcoholic containers were made to pour it out and the situation was documented. In addition, extra staff from other areas was present, such as Housing & Residential Life, the Memorial Union Building, and Student Activities. Student Health and Wellness in collaboration with the Inter-

fraternity Council (IFC) handed out hand warmers with signs and symptoms for staying safe and recognizing alcohol poisoning and frostbite during the all-nighter celebration. Dial Help staff and Michigan Tech EMS were also on campus checking on students and performing building sweeps making sure everyone was safe. A training for all staff and students involved in the safety and security of campus during the week of the Winter Carnival celebration was held and key points and exercises were enforced during the training.

4. Alcohol Marketing and Promotion

Michigan Tech's AOD policy prohibits alcohol to be advertised at official University events or in official University publications. Editorial boards must follow alcohol advertisement policies that insure compliance with state and federal law. Vendors of alcohol are not permitted to conduct events, contests, etc., which promote the sale or consumption of alcoholic beverages. Bulletin boards in the residence halls may not advertise or imply the use of alcohol or illegal substances.

5. Policy Development and Enforcement

For many years, staff in Student Affairs, Counseling Services, Housing and Residential Life, and Public Safety have worked cooperatively in situations where a student has an alcohol or drug incident. A student with an alcohol/drug incident generally has his/her first contact with a Resident Assistant or a Public Safety officer (or sometimes off-campus law enforcement authorities). A conduct hearing promptly follows this with either an administrator or the university Student Conduct Board. The student is then sanctioned under the AOD sanctioning protocols. During the review period, this generally required alcohol (or drug) education on a first offense and a more in-depth assessment on a second offense. Depending on the severity and danger of the inappropriate conduct, the student could be required to obtain off-campus comprehensive substance abuse evaluations and maintain follow-up contact with Academic and Community Conduct and/or Counseling Services to confirm that the student is following through on requirements.

Michigan Tech's policy also requires parental notification on second offenses for students under the age of 21, in order to advise the parents of potentially dangerous behavior and to enlist the parent's support in reinforcing our AOD policy. In particularly severe cases, parents may be notified on the first offense.

Students are also required to inform the Financial Aid Office if they are convicted of a drug offense while receiving financial aid.

As a result of following consistent sanctioning protocols, as well as emphasizing safety issues and making appropriate choices, community standards are maintained and students understand that administrative staff is here to help students get assistance and make better and healthier choices in the future.

6. Strengths and Challenges of AOD Prevention and Wellness Goals

One challenge is to continue to work with the university community to improve and enhance safe drinking strategies and education across campus. Although alcohol use is never emphasized or encouraged in university traditions, alcohol use does take place during some of these traditions. Continuing to provide alcohol free options during these traditions, as well as educational information prior to and during the traditions will be an ongoing effort.

Budgetary issues are always a challenge in higher education. As always, the challenge is to be efficient and intentional when targeting institutional resources. As a result:

- Student Health and Wellness collaborates with other university departments and student organizations. These collaborations have not only made more events possible, but have also fueled other programming and annual programming efforts (See Appendix M).
- Michigan Tech continues to use the Alcohol and Other Drug and Bystander Intervention program, Campus Clarity. The university will continue to equip students with research-based tools for staying safe during their time at Michigan Tech and after graduation. (See Appendix J)
- During the summer of 2018, Student Health and Wellness reviewed programming and procedures following the guidelines and Standards of Practice set forth by the American College Health Association (ACHA) and the CAS Standards. This review identified strengths within Wellness as well as areas in which to focus in the upcoming biennium
- An overview of the comprehensive Alcohol and Other Drug Programming and Sanctions process at Michigan Tech were reviewed using the College Aim rubric. An overview of this process can be found in Appendix N

Another strength is the consistency of the disciplinary process for alcohol and other drug violations, as well as ongoing evaluation of alternative approaches such as the use of restorative justice principles.

7. Recommendations/Goals

The following recommendations for ongoing goals are made for the upcoming review period:

- Update Alcohol and Other Drug Program and elements
 - Evaluate alcohol-free options, making sure options are available for student entertainment
 - Encourage health promotion through social, academic, and residential environments
 - Monitor the marketing and promotion of alcohol (on and off campus), being aware if it's sending an inconsistent message to the campus community
 - Look at AOD policy and enforcement for consistency
- Identify campaign message and events surrounding substances, specifically Opioids
- Gather input from student leaders and have them attend the President's Council on Health, Wellness, and Mindfulness meetings
- Develop a response to the JED Campus Health Minds Study Assessment taken in the Fall 2018

Respectfully Submitted by:

By _____

Date: _____

Whitney Boroski
Manager of Student Health and Wellness
Chair, President's Council on Health, Wellness, and Mindfulness

PRESIDENT'S CERTIFICATION

I have reviewed the foregoing 2016-2018 Biennial Review.

By _____

Date: _____

Richard J. Koubek, President
Michigan Technological University